

# WCMCA Head Start Cleaning/Sanitizing/Disinfecting Guidelines and Schedule

Adapted from: Infectious Diseases in Child Care by Hennepin County Human Services and Public Health and Caring for Our Children: National Health and Safety Performance Standards

ITEM/AREA	HOW OFTEN	CLEAN	DISINFECT	SANITIZE
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## Child Areas

Shared Objects (mouthed)	At least daily when soiled	X		X
Thermometers	Use contactless and between each child	X		X
Tabletops	Before and after each food activity and when soiled	X		X
Cots/Mats	Weekly/before use by another child	X		X
Water play tables	Before and after each use	X	X	
Play Clothes, washable cloth toys	Monthly	X laundry		
Sheets/Bedding for Cots and Mats	Weekly ;before use by another child	X laundry		
Play activity centers	Daily	X		

## Toilet/Diapering Areas

Diaper Changing Area	After each use	X	X	
Toilet seats, bowls, handles and door knobs	Daily and when visibly soiled	X	X	
Handwashing sinks, faucets, counters, floors, door knobs, soap dispensers	Daily and when soiled	X	X	

## General

Mops and cleaning rags	After each use	X	X	
Carpet	Vacuum daily. Spot clean/disinfect following body fluid spill	X	Following body fluid spill	
Surfaces and objects contaminated with blood, urine, vomit or stool	Immediately after each soiling	X	X	X If mouthed item
Floors	Vacuum or sweep and mop daily when soiled.	X	X	

## Eating/Food Preparation Area

Food preparation surfaces	Before and after food preparation or service	X		X
Dishes and Utensils	Between each use	X		X dishwasher or 3 compartment sink
Refrigerator	Monthly	X		

## HOW TO MIX BLEACH SOLUTIONS:

**Bleach Solution 1 Disinfectant (For hard surfaces)** : 2.5 tablespoons(TBS) bleach to 1 gallon of cool water **OR** 2 teaspoons bleach 1 quart water

**Bleach Solution 2 Sanitizer (Toys, food contact surfaces, etc.):** 1 teaspoons bleach to 1 gallon cool water **OR** 1/4 teaspoon bleach to 1 quart water

- ✓ Make bleach solutions fresh daily, label with 1. date and 2. contents
- ✓ Date bleach bottle when opened. Do not keep longer than 30 days
- ✓ Date bleach when purchased. Do not keep longer than 3 months

- ✓ Always follow instructions exactly
- ✓ Store bleach bottles and solutions out of the reach of children
- ✓ NEVER mix bleach with any other products