WCMCA Mental Health Decision Guide

Discuss elevated ASQ:SE, Parent or FES concerns with parents/guardians and determine whether a rescreen or referral will be made. (Consider referring if the child is in foster care, living with relatives or there is a known child abuse report made on behalf of the child.)

Rescreen:

1. FES indicates the date of rescreen on the ASQ-SE and sends both original and rescreen to the health department.
2. If the score is elevated again, it is an automatic referral.

Referral – Parent Accepts:

1. Explain the Mental Health referral process including the three options.
    a. **Classroom or Home Visit Observation**: The MH Consultant will schedule an observation time. If EHS, the Consultant will go with FES on a home visit. Consultant will then call parents with recommendations and document outcome in ChildPlus.
    b. **Phone Consultation:** Mental Health Consultant will contact the parent via phone to discuss concerns and make recommendations. Three attempts will be made before it is closed for no response.
    c. **MH Diagnostic Assessment**: Inform family that a DA requires three completed appointments with a Mental Health provider of their choice.
2. FES completes a WCMCA Referral Form and indicates the type of MH option(s) the parents chose, parents sign and date form.
    - If parent requests a DA, FES will also secure a Release of Information to the provider of choice.
3. FES emails the Referral Form and ROI (if applicable) to the Systems Specialist
4. Systems Specialist will track in CP and forward to appropriate referral source.
5. Systems Specialist will follow up with provider until resolution and then notify FES and Site Supervisor.

Referral - Parent Declines:

1. FES completes referral form checking the decline box, have parent sign and date; and submits to the Systems Specialist who will close out in CP
2. FES will implement individualized follow-up plans to include support for the home and classroom settings. This may include a Behavioral Support Plan, child goal setting, parent education or perhaps a referral to ECSE.

Notes:

1. A referral can be completed at any time (not just in conjunction with the ASQ-SE.) Follow the Referral-Parent Accepts process above.
2. A parent may choose to discontinue the referral process at any time and if they do, FES notifies Systems Specialist know so it can be closed out.
3. The rescreen or referral status will stay on your To Do List until the rescreen is completed or the referral form is uploaded to ChildPlus.