

A Parent Page

From
Early
Head
Start



Learning Together Our Program for Infants, Toddlers & Twos

Dear Parents,

If you are like most parents, you are wondering, "What is my child learning in Early Head Start?" We are happy to share with you this copy of *Teaching Strategies: Our Program for Infants, Toddlers and Twos*.

This resource is written with a center-based program approach verses our home visit program option; however, it contains useful information for parents and supports WCMCA Early Head Start's beliefs about early child development, health and safety, daily routines, family partnerships and learning through play. Also, the information provided pertains to the Early Head Start Socialization events that you and your child will participate in together.



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Head Start

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We want this year in Early Head Start to be a year of many new and happy experiences for both you and your child.

How Your Child Grows and Develops

See page 7: The amount of growth and learning that occurs within the first 3 years of life, is greater than any other period. Your home visitor will provide you with many ideas and activities, such as *Creative Curriculum Learning Games* and *Partners for a Healthy Baby* handouts to support your child's learning at home. You can find information about the different developmental areas on the pages listed below.



See Page 7&8: Social Emotional

See Page 9: Physical

See Page 10: Cognitive

See Page 11: Language

Building the Foundation for School Success

See Page 12: Forming safe and loving relationships is key to your child's success in school. Our program believes that you are the most important teacher in your child's life. During home visits and Socializations, you will be supported as you set goals and interact with your child to help him or her grow. The following pages offer different teaching and learning ideas:

See Page 14- 17: Building Language & Literacy Skills

See Page 18-20: Discovering Mathematical Relationships

See Page 21-22: Exploring Like Scientists

Learning Through Daily Routines

See Page 23- 28: Routines such as diapering, eating, sleeping and dressing are important for your child and occur throughout his or her day. They meet children's basic needs and provide opportunities for building relationships and learning every day.

Learning Through Play Experiences

See Page 29-36: Your child begins learning at birth, curious about the surrounding world. Young children learn through play, exploring and experimenting. Types of play described in this section are: *Playing with Toys, Imitating and Pretending, Enjoying Stories and Books, Connecting with Music and Movement, Creating with Art, Tasting and Preparing Food, Exploring Sand and Water* and *Going Outdoors*. Your child can learn through play each day at home and will also have several planned play opportunities during your Early Head Start home visits and Socializations.

Following Your Child's Progress

See Page 37: During the program year, you will see your child make exciting progress. The curriculum and assessment will be used to identify goals in all areas of development. Together, we will observe your child in your home and at Socializations and write notes. During home visits and conferences, we will share information, discuss your child's progress and set goals.



You are your child's first and most important teacher. Your role is important in supporting his or her learning. WCMCA Head Start looks forward to working with your family this upcoming year!